

SAU WOMEN'S MINISTRIES DEPARTMENT

Virtual
PRAYER WALK OR RUN
for a purpose
FOR ALL TYPES OF CANCERS

Special
COLLECTION
ALBUM

1 - 31 OCTOBER 2021



Southern African Union WOMEN'S MINISTRIES DESK

Every October marks the Breast Cancer Awareness month which is a national campaign to raise awareness for this cause.

Because of Covid-19 regulations, SAU Women's Ministries Department decided to organize a virtual event from wherever a person will be, and instead of one day walk we organized a month-long Virtual Prayer Walk/Run of 6000 steps or more every day. We focused on buddying up with one another because no one should fight cancer alone.

This Cancer Virtual Prayer Walk/Run did not only focus on Breast Cancer but on almost all types of Cancers. Every patient deserves our prayers and steps. We walked and run on their behalf and Prayer was KEY throughout the month.

Just at the beginning of our Prayer Walk/Run the Lord sent us a lady named Audi to our prayer walking buddies who enquired if we were walking for cancer patients. She excitedly shared with us about her cancer journey and how the Lord healed her. We later had a blessed time of prayer with her and even met her husband and 2 children who were cycling while she was jogging. God affirmed this project. Let me thank all who participated faithfully. Some did not walk or run but they prayed every day. Thank you to all.

We appreciate all the ladies who shared their cancer journeys, testified about the power of God's grace and mercy. We are encouraged – You are our shining stars!

We will continue to pray for you.

We also wish to send our heartfelt condolences to the families who lost their loved ones due to cancer and we pray that God carry you and comfort you. We prayed for them, we dedicated them to the Lord who knows best.

I invite you to join us again for the Virtual Prayer Walk/Run for a purpose 2022. But in the meantime, let's keep moving and interceding for our loved one's who are suffering from cancer because no one should fight cancer alone.

Zodwa Kunene



Women's Ministries

CONFERENCE DIRECTOR'S DESK



Dealing with sickness is never easy but our friend, comforter, healer, life giver has promised to walk with us. Isaiah 53:5 confirms the precious promise of healing, sometimes not in the physical but He gives us peace as we walk through the valley. Be encouraged daughters and sons of the Most High God you are not alone, "So do not fear, for I am with you, do not be dismayed, for I am your God." Isaiah 41:10

Bawinife Dlamini
Director Eswatini Conference

"Life is constantly challenging us with frequent opportunities to overcome small hurdles. As we learn to deal with these hurdles, we practice the strength and reliance needed to face the greater obstacles ahead. One of the happiest moments is when you find COURAGE to let go of what you cannot change, and let God take control because. "All things are possible through Christ who strengthens us.

Dr Mhle Mthimkhulu
Director Kwa-Zulu Natal Free State Conference

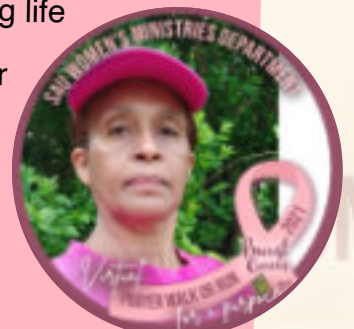


The SAU cancer prayer walk was humbling. We had an indescribable time in the presence of the Lord with fellow intercessory prayer walk sisters. Dear sisters and brother, United we prayed perpetually on your behalf. Cancer cannot cripple our love, shatter your hope, corrode faith, steal your peace, destroy confidence, It cannot kill our bond is a family. It cannot shut out our fond memories, neither can it silence courage. Most importantly Cancer cannot reduce your eternal life or quench the Spirit. We love you, wish you well and are connected in prayers. Together we fight cancer

Emma Rakona
Director Namibia South Conference

Dear God, indeed you are the Great Healer. Your children have been afflicted with various types of cancer. Father, your desire is for us to live an abundant life. When we are physically ill we are deprived of living life to the full. And so we claim the promises of healing from you Word today. May you continue to touch and heal your children and deliver them from the suffering they are enduring due to cancer. Please "Touch your people once again with your precious Holy hand we pray" in the Mighty name of our Lord, Amen.

Estelle Baker
Director Northern Conference South Africa





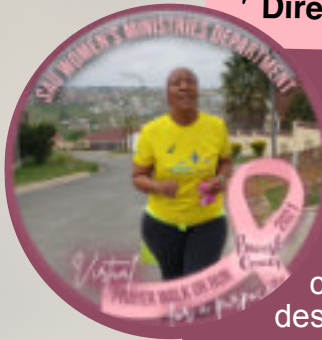
For I know the plans I have for you," declares the LORD, "plans to prosper you and not to harm you, plans to give you hope and a future.
Jeremiah 29:11

Johanna Likando
Director Namibia North Conference

Our Humble prayer for Cancer patients

We thank you Father God for being who you are. You alone are Holy, and you deserve our praises. We thank you for the gift of life, and on that note Father we humbly ask for your healing for our brothers and sisters from Cancer, whatsoever cancer in Jesus' Holy name, please free them Father, clean them, revitalize them and let them know it's you God the Almighty who healed them. Glorify your name Father, this we ask in Jesus' name, Amen

Mamahafi Mofeti
Director Lesotho Conference



To all our sisters and family members who are walking through the valley of cancer. We look up to you in amazement because of your strength, courage and strong faith. You are a walking testimony of God's faithfulness. May God help you each day with strength to know that cancer cannot corrode faith, it cannot steal your joy, it cannot eat your peace, it cannot destroy confidence, it cannot silence your courage, it cannot never quench your strength to face each day to count your blessings and name them one by one. Through it all may you learn to trust God and remember: You beautiful, you are Royalty, you belong to God, you are wonderfully and fearfully created by God. May the hope of our soon coming King never be shattered. May it propel you to shine for the Lord and draw many to accept Jesus Christ as their personal Saviour. Cancer will never separate you from the love of God. Take courage, we are praying for healing and restoration of your lives. May God's presence dwell in you.

Nomthandazo Papu
Director Cape Conference

The Lord bless you and keep you;
The Lord make His face shine on you and be gracious to you;
The Lord turn His face toward you and give you peace.
Numbers 6:24-26

Pastor Tataiso Maforah-Malakalaka
Director Trans-Orange Conference



Share Your Journey

CELEBRATING REMISSION



In 1988 I was diagnosed with cancer. The surgeon who was treating me at the time said that the best way to treat cancer was a radical approach. After surgery I was sent home with his assurance that all the cancer had been surgically removed. Being diagnosed with cancer at a young age with two young sons was a very painful experience. Lots of tears, anger and "Why Me" followed. A month after surgery I felt a lump under my arm after traveling over almost 400km to see the surgeon the journey was filled with "is it back or not? The surgeon confirmed that the cancer had spread to my lymph nodes. He recommended surgery plus chemotherapy which meant traveling every second Monday over 300 km to be treated and driving straight back home. After the anger came acceptance and questions on how to approach my health in a holistic way. My prayer life started improving again with my total dependency on the Lord and not self. My husband was my anchor during this painful journey. Prayer warriors interceded for me every day. Friends and family surrounded me with their love, support and care.

My sister-in-law put aside her family commitments to help look after me. Others provided meals, visits and prayers. My husband's favourite statement was always that we got more out of cancer than what cancer got out of us. We give praise and honour to our Heavenly Father for touching me with His healing hand.

Susan Williams

SAU WOMEN'S MINISTRIES DEPARTMENT

Virtual PRAYER WALK OR RUN *for a purpose*

EACH DAY WALK OR RUN 6000 STEPS OR MORE FOR ALL TYPES OF CANCERS

SHARE
YOUR
JOURNEY!



NONDUMISO NGOZSWANA

CELEBRATING REMISSION
2021

Good morning ladies, good morning daughters of the most high.

This month we feel, we are so precious, so kept up to this point in time. You know the Lord is good. Millions and millions of people are underground but the Lord is still keeping us. What a surprise, god is such a wonderful God, a creator and a healer.

When I think of my journey with the cancer ordeal. You know I never cease to praise Him. It's almost going for 30 years now. Having gone through this dreadful disease cancer.

It was my left breast that was diagnosed as I say almost 30 years. But here I am, here I am by God's grace. It started with a pain for 2 full years and I tried to ignore the pain and I thought it's one of those pains. Only to find out when I went to Frere Hospital, those days Frere was so good, was very good, having good doctors. Then I was diagnosed with cancer. Tests were done, came back positive breast cancer.

You know I can even still remember the doctors, Dr Halley and Dr Bentley. You

know when they said to me "we have bad news for you, we are sorry we've got to remove your breast, you've got breast cancer" I had a shock, I couldn't believe it but yes when I drove home came back. The only person that I could tell this, relate this to was my sister and she managed to tell the family. You can imagine how it was those days cancer. Being in an environment like Bethel College where we've never heard of a person being diagnosed with cancer. Colleagues came and everybody was just and I was in tears..

I remember saying "why me Lord?". You know what my mom said, she said never again asked the Lord why you. It is for a good reason someday you will understand but hold on to your faith and know that God is going to heal you.

I went to East London for an operation and my left breast was removed. That's when I build up myself, I pulled up myself and my mindset also. You know I was so positive about everything. I knew I'm going to pull out of this, I'm going to make it and I'm going to remain positive so that I can manage to live for the years that the Lord has given me.

With that positive attitude and that support from my family I made it. You know women of God the positive attitude, prayer and support are so healing. That love gives you all the hope, that love drives away the thought of being tortured by this

dreadful diseases but once you get support you become so positive, you don't see this as a dreadful disease. You just see it as one of those sicknesses, ailments apparently headache, stomach ache and all that fever you know. Take it easy and once you take it easy, the healing process is speeded up.

Yes, daughters of the most high get to be positive. Whatever negative situation just be positive. No matter how high the tide is, swim don't sink and do you know who is waiting on the shore there, Jesus is waiting on the shore. He will keep your head above the water, He will keep your head above the whipping waves and you'll swim and make it to the shore.

This is how the cancer journey is. It is so dreadful, it is so killing. Seeing other people that so and so has passed away, so and so has passed away. But you know what's wonderful about it when you hear that a certain lady has passed away, a certain guy has passed away and here you are still alive you just raise your hand and say "Praise the Lord!" because you always know that your redeemer, your healer. We serve a healer indeed in spite of being dreadful disease, He remains the healer.

What I want to say to the ladies, get used to your breast. Make it a point that the moment you feel there's a lump or the moment you feel there's something not right with your breast. Run to the doctors so that whatever can happen, it happen at an early stage. It can be healed in good time and don't get stories, the myths especially with our people where they talk of the moment you go for operation, the cancer just spreads right through your body. Those are just hear myths where you feel there's no truth in this and there's no truth really.

So get used to your breast. If you happen to be diagnosed with cancer it's no big deal at all, it's no big deal at all. Get to the doctors and you plan. Go for an operation, go for the chemo, go for everything. Today you know what is popular these days. God has given us herbs that heal whatever disease far more than chemo. For that matter, the other day with my sister we were reading about the natural chemo where you use Honey, Bicarbonate of soda and the peeps from the Apricot. That's chemo and it heals. So it's no longer that dreadful disease it curable, Praise the Lord!

Ladies and gentlemen, let's fight this disease together. In Jesus we get the power of fighting and He helps us and let's remain positive in spite of negative situation.

Thank you

Nondumiso Ngozwana



I was diagnosed with Stage 2 Breast Cancer (non aggressive) in September 2014, a week before my 47th birthday. I remember asking God.... what type of a birthday present is this God?

Initially I just felt numb....(I must admit, I did think I was going to die) then came the anger with God and later the acceptance of my situation. I am thankful for one of those in my support group for sharing this statement "Cancer is not a death sentence!" It shifted my mind into positive thinking. I decided to be anointed before starting the war against the cancer. I chose the natural/ holistic route of healing. God blessed me with the right people who joined my little army. I realised quickly that this battle is fought in the mind. I changed my lifestyle completely, juicing, eating raw foods for a while, walking daily to help my body fight.

I had the lump removed in December and the medical team encouraged me to go out and live my life to honor God. My relationship with God

became so real. I spoke often to Him as the battle did get hard at times. He was my greatest strength and support.

Its 7yrs later and I am grateful to God, my medical team, my family, my friends, and fellow cancer survivors for the support. God has given me the opportunity to support other ladies during their cancer battles. I regard every day as a gift from God to be celebrated and appreciated.

If you are facing cancer today, know that God sees you, He loves you, He is in this with you, He's got you. If you need to have chemo, that's ok, you can also use the holistic approach together with the chemo regime. May God bless you with the strength of body, mind and emotions for the journey. Some of us are healed for this life while some of us are healed for eternity.

Jozette Jones



In November 2009 I was diagnosed with stage 3 cervical cancer and in July 2010 stage 4 endometrial cancer. After 14 surgical operations, a hysterectomy and some radiation I was declared cancer free in 2018.

Barbara Nyathi



My journey with breast cancer started in 2009 where I was diagnosed with stage 4 breast cancer. I went through the terrible treatment. 16 chemos and (4red devils) and radiation. I can't even remember the number of radiation treatments.

God being God, faithful, merciful and loving to me. Today I'm in remission. Breast cancer survivor.

Nompumelelo Charlie



The journey, more than anything, has shown me the goodness and faithfulness of God.

Ruth Sibanda



The year was 2012 when I was diagnosed with breast cancer. I had a very strong pain in my nipple. It became worse by day until I decided to go to the doctor who told me I should not worry because when he checked I did not have any lump therefore it was not cancer.

The pain became more and more unbearable. One night Mrs Nomthandazo Papu called and found me crying because of the pain. She then called Dr Mabenge from Port Elizabeth who then told my husband to go to the nearest pharmacy and phone him to prescribe some tablets for me over the phone. Those tablets were called "Tramacet".

I used those for plus minus 3 months until they started giving me stomach ulcers because I drank them all the time to avoid the pain. I then decided to stop them, but when I did that, the pain came back worse than before.

I then went to another doctor who told me I had a very aggressive cancer which was stage 3 already within that short period.

He then suggested to admit me that very day, the next morning I was booked for surgery because it had spread to my lymph nodes.

I had to do both chemotherapy and radiation. The very radiation killed/burnt my heart wall which landed me to a pace maker as we speak.

I thank God for the support I got from my husband, children, family and friends. I won't forget the love and care I received from Mrs Minah Sindani Bloem, who used to come to the cancer center Unitas every treatment day to bring me and my husband lunch without fail. I will forever be grateful to her for that ministry.

This has not been an easy journey for me. I had so many questions to ask from God, but I knew God would come through for me because I saw Him healing my eldest in Cape Town who was very sick from some pain on his foot and I just trusted He was going to do the same with me.

Indeed "The Great Physician now is near, the sympathizing Jesus" "Does Jesus care when my heart is pained"

I can testify to the words of those two songs and today the Orion Ensemble made me appreciate the last song even more.

I thank God the Balm of Giliad. Amen.

Wendy Modiri

Never had I thought my life would have changed so much waking up to a new reality. Today I found myself staying home firstly because am tired, and emotionally exhausted from waking up each day to go to the Dr for my therapies. And I guess it's a price I got to pay for choosing the uncommon route to healing it needs 100% cooperation from my side.

I'm put on an intermittent fasting which means I have to now eat at 11 and eat veggies only without potato or corn just sweet potato, and spent most of my week thus week hungry because my body is not used to that. And having to drink some of the treatment at 10 and some at 2. If there's anything learning in this journey ma is discipline. And I Believe healing comes from God who is a source of all healing, what keeps me going now is that the Dr alternative medical Dr I went to 2weeks ago asked what I've been doing because he had put me on a machine which scans the whole body what's going on and she said body is in such a good condition for someone with cancer and I should continue with some of the medication I've been on and the lifestyle change but she made it more intense for me. Choosing a journey you haven't seen a person do is really a journey of complete trust and complete reliance on Him. And as He said in His word, every herb

of the ground shall be healing to our bodies, putting my God to test on this one. Except for the big breast which constantly reminds me of the battle am on my body feels good. This journey is more of a mental journey more than it is a physical journey.

When Dr checked the root course of this cancer she said it is more of a disease caused by trauma, when things happen to us and we don't know how to deal with them or handle them, or when we decide to ignore or avoid our bodies always remembers.

From that very moment in all the researches I've been making since my diagnoses it confirmed to me that a lot of women need emotional healing, because breast cancer is a hormonal cancer and that means we are burdened and she said to me you look like you have forgiven and ate over your past traumas this journey is your time to allow God to embrace you and comfort you, because we always go on as if nothing happened to us.

So am in a season of taking care of me and just taking things as easy as I can, I'm not expecting overnight healing even though I know my God is able to do so but am allowing Him to take me through this journey and embracing this season as difficult as it might have been. I was surprised they found my immune system very strong because I have been through a lot of emotional turmoil this year losing family members that are dear to me immediately after my diagnoses and people who had promised to be there for me, and I felt naked and left all by myself, even hospital where I was supposed to start chemo therapy it had burnt down up until today they call to tell me they haven't forgotten about me. But It doesn't matter anymore be wise God has been leading me all the way, when I look back at my journey am convinced God wants to give me a different testimony and am allowing Him to do what He does the most, He's done many wonderful things in my life for me and without the shadow of a doubt He's busy up to something in my life too...

For me it's not about cancer it is just a bridge to where God wants to see me in the next season of my life.

Thandeka Monageng





***When it seems that you've prayed 'til
your strength is all gone
And your tears fall like raindrops all
the day long
He cares and He knows just how much
you can bear
He'll speak your name to someone in
prayer.***

***Someone is praying for you
Someone is praying for you
So when it seems you're all alone
And your heart will break in two
Remember someone is praying for
you.***

Before April 2014, those were simply the words to a beautiful song. It took a breast cancer diagnosis for the words to take a profound meaning in my life. Once the tests had been done, the oncologist told my husband and I that this was an aggressive type of cancer and I was already at stage 3. The news reached us the night before our children were due to leave town for a Pathfinders Camp. By the time they returned two days later, we were in a much better space to share my

diagnosis. I could already see God in action, taking care of the most minute details. Over the next ten months we marveled at the 'cushions' God had carefully put in place to alleviate the pain and to keep the spirit of hope alive throughout the journey.

I had recently been permanently employed by a medical aid company, after having spent eight months in a temporary position and, prior to that, three years unemployed. It was no coincidence that the letter confirming my permanent position at the company was delivered to my manager's office on the very next day after receiving my diagnosis. When I say 'God goes before me' I know exactly what that means.

Going through the chemotherapy, a lumpectomy and radiation was the most challenging time of my life but on a daily basis God showed me that He was in control and that His grace was sufficient. During chemotherapy, I suffered a terrible burn to my healthy breast, due to a problem with the chemo port which had been inserted when the veins in my arms began to collapse. All of a sudden the focus shifted from the cancer in the left breast to the burn on the right breast and I attended a wound clinic for six months. I realised at that time how possible it is for us to give thanks in ALL situations. The delicate care with which my husband dressed my wound, my ugly, painful and foul-smelling wound, made me comprehend the deep and genuine love that he has for me. So I thanked God for the burn which gave me a different pair of glasses through which to see my husband's affection for me.

Cancer provided me with so many new perspectives and a much better understanding of God's grace. As a family, we were totally overwhelmed by the outpouring of love, support and prayers from individuals all over the world. A fellow patient once remarked to me that we were in a privileged position compared to one

who is suddenly hit by a car and dies instantly. Would he or she have known how much they were loved and cherished? Cancer patients, on the other hand, are faced with family, friends and colleagues who wonder whether this will be our last conversation, a final opportunity to express their love.

Were it not for the prayers that ascended on my behalf, mountains would not have been moved to heal me and I would not be here to testify today. Every scripture that I loved took on a new meaning. "When thou passest through the waters, I will be with thee; and through the rivers, they shall not overflow thee: when thou walkest through the fire, thou shalt not be burned; neither shall the flame kindle upon thee (Isaiah 43:2, KJV)" has always encouraged me, however, when I share it with someone else today, I share it with total conviction of its promise.

Having been in remission since 2015 has been a blessing which one cannot adequately describe. I take much less for granted these days and the scars on my body remind me of the Saviour's love, mercy and grace.

A month ago, I developed a wound on my left breast and spent many days consulting with doctors and undergoing various tests. Once again the prayer warriors from the Motea family, the Mohapelo family, Dube SDA Church and SAU presented me before God's throne of grace and mercy. My friends showered me with words of encouragement and pampered me with a steady stream of gifts. In spite of my oncologist's concern, we remembered what the Great Physician had done in the past and forbid fear from dominating our thoughts.

As we marked the end of Breast Cancer Awareness Month this year, every biopsy and every scan I had undergone had come back with negative results. It was explained to me that although my left breast showed no signs of malignancy, the damage caused by radiation was extensive and I would need to undergo a mastectomy. I thank God that this was successfully done a few weeks ago and I am well on the road to recovery.

I don't take it for granted that I made it out of theatre alive; that the anaesthetist did not have to find a vein in my foot; that my boss and my colleagues have been most supportive...I could go on and on. I am ever grateful for the fasting and praying and the cancer walks that have been done with my recovery in mind.

***Someone is praying for you
Someone is praying for you
So when it seems you're all alone
And your heart will break in two
Remember someone is praying for you
Remember someone is praying for you.***

Sherley & Thabo Motea



My journey began on the 12th 2018 when I discovered a lump on my left breast. As a nurse I knew this was no ordinary lump but breast cancer. The cancer was confirmed by my doctor and on the 21st February 2018 I went in for left breast mastectomy and lymph node clearance as the Cancer had spread to my lymph nodes. Cancer is a very individual experience, each and every survivor will have a unique walk down the Cancer path. Then I was 66 yrs. old. Quite a senior citizen.

What helped me through was my deep belief in God and the fact that He will never leave me alone, my innate and deep love for life, my belief that life is worth fighting for, and the love of my family and friends.

Yes I am a nurse, but I was willing to think outside the box, researched, asked questions and discovered on my own how to really survive and thrive.

After the mastectomy I started on Chemotherapy and Radiation and finished the whole course in August.

When I lost my hair, I began to experience life through a different lens, being more

emphatic and more spiritually tuned.

Most importantly I learnt the importance of being humble. Cancer has a funny way of stripping and humbling you in ways not otherwise imagined.

I used these survival mechanisms which I would like to share with you

1. Prayer
2. Positive thinking
- 3 Eating healthy and exercise
- 4 Focus on what's important
- 5 Learn to let things and people go
- 6 Speaking

Put your faith in God. Keep in mind that when your circumstance looks grim keep a positive mind set, embrace the love and support from your family, friends and church. Allow your faith to carry you through.

I believe from every wound there is a scar, and every scar tells a story. My story is that I have so far survived through the Grace of God.

I turned 70yrs on the 16th of September this year. Amen.

Nomabandla Magxaki

But God will redeem my soul from the power of the grave: for He shall receive me. Selah. Psalm 49:15

January 2010! Not only was I looking forward to the new year, but it was also the month I would be turning fifty and excited about disproving the myth of "being over the hill." Unfortunately, or fortunately depending on how you look at the cup, January had a few surprises for me that would impact the rest of my life.

New Year's Day as I was doing a self-examination, I discovered a lump in my right breast.

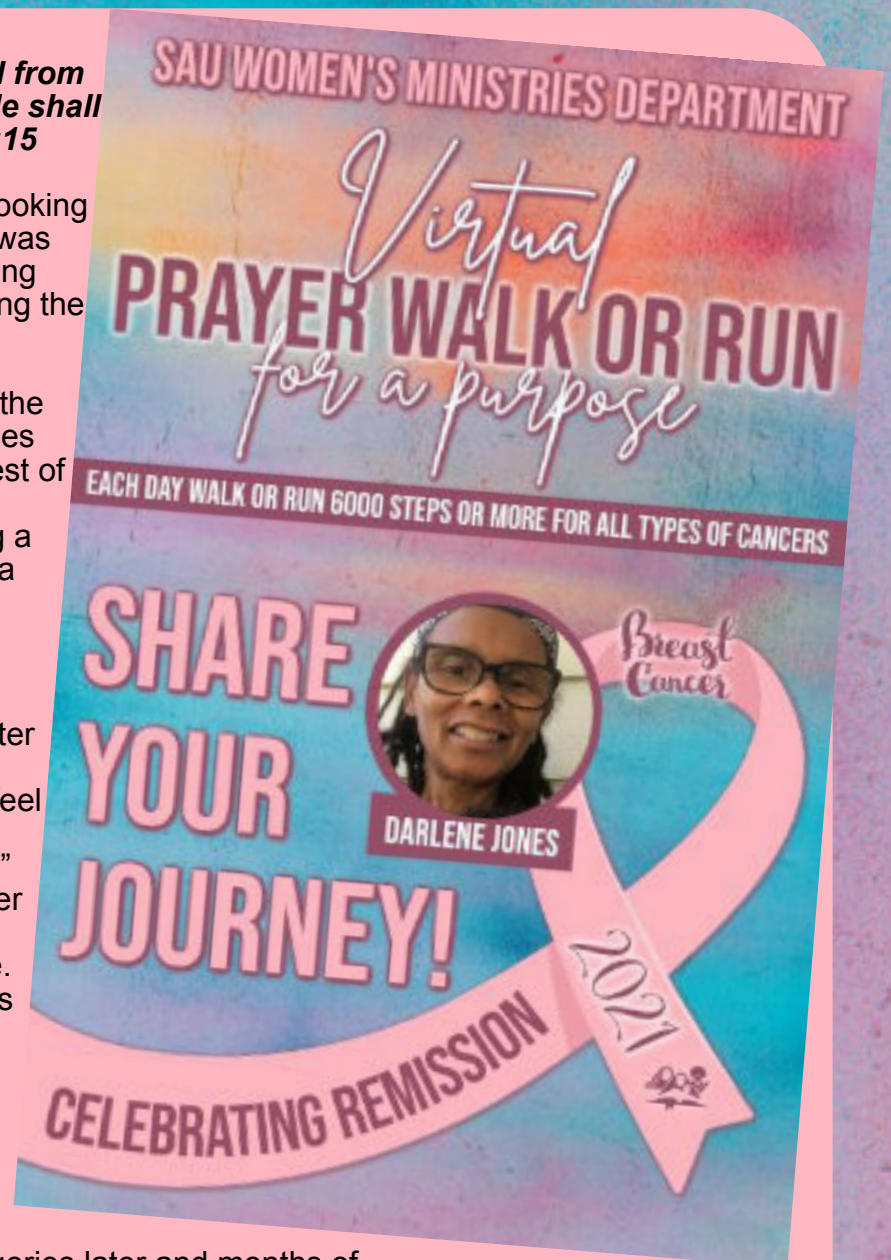
First thing Monday morning a doctor's appointment was scheduled and a week or so later I was in to see the doctor, who kindly told me, "This does not feel like cancer, but I will schedule you for an ultra-sound anyway." But God! From that point I never heard from that doctor again, after years of using her service. The alter-sound was suspicious for cancer and a biopsy was order by the Radiologist.

The lump was indeed cancer. God had so directed my steps that I worked in a hospital with doctors who immediately set me up with colleagues whom they trusted. Three or four surgeries later and months of chemo I emerge!

The support of my husband, son, my family, friends, church members and coworkers and of course my Heavenly Father got me through. I wish I could tell you that, that was the end of my battle with cancer, but two years later my cancer returned. I never distrusted God, yet I did have questions and believe this time death was knocking at my door. With more surgeries, chemo, and radiation my body, mind and soul had been thoroughly drained, but God!

It's now 2021 and I have witnessed the death of my mom in 2015 and my husband's death just this year in February. My life is a gift from God and my prayer is, that I am fulfilling God's purpose in the life He has given me each and every day.

Darlene Jones



Daily Posts

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Virtual PRAYER WALK OR RUN for a purpose
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SUSAN
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XOLISWA
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2021
WE'RE PRAYING FOR YOU

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PAT
NOZIPHO
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WE'RE PRAYING FOR YOU

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WE'RE PRAYING FOR YOU

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WE'RE PRAYING FOR YOU

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WE'RE PRAYING FOR YOU

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LYDIA
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WE'RE PRAYING FOR YOU

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DAVID
MRS. BUTHELEZI
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WE'RE PRAYING FOR YOU

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WE'RE PRAYING FOR YOU

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WE'RE PRAYING FOR YOU

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FRANCISCA
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WE'RE PRAYING FOR YOU

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WE'RE PRAYING FOR YOU

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DUDUZILE
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WE'RE PRAYING FOR YOU

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NOKUTHULA
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WE'RE PRAYING FOR YOU

SAU WOMEN'S MINISTRIES DEPARTMENT

Vertical PRAYER WALK OR RUN for a purpose

Cervical Cancer

MONICA DENISE KUDZAI

16 OCT 2021

WE'RE PRAYING FOR YOU

EACH DAY WALK OR RUN 5000 STEPS OR MORE FOR ALL TYPES OF CANCER

SAU WOMEN'S MINISTRIES DEPARTMENT

Vertical PRAYER WALK OR RUN for a purpose

Cervical Cancer

MRS SHANGE PATRICIA ANDILE

17 OCT 2021

WE'RE PRAYING FOR YOU

EACH DAY WALK OR RUN 5000 STEPS OR MORE FOR ALL TYPES OF CANCER

SAU WOMEN'S MINISTRIES DEPARTMENT

Vertical PRAYER WALK OR RUN for a purpose

Cervical Cancer

MRS HOY REJOICE RUTH

18 OCT 2021

WE'RE PRAYING FOR YOU

EACH DAY WALK OR RUN 5000 STEPS OR MORE FOR ALL TYPES OF CANCER

SAU WOMEN'S MINISTRIES DEPARTMENT

Vertical PRAYER WALK OR RUN for a purpose

Cervical Cancer

HAZEL MARINA NOMSA

19 OCT 2021

WE'RE PRAYING FOR YOU

EACH DAY WALK OR RUN 5000 STEPS OR MORE FOR ALL TYPES OF CANCER

SAU WOMEN'S MINISTRIES DEPARTMENT

Vertical PRAYER WALK OR RUN for a purpose

Cervical Cancer

BARBARA YOLANDE MARIAN

20 OCT 2021

WE'RE PRAYING FOR YOU

EACH DAY WALK OR RUN 5000 STEPS OR MORE FOR ALL TYPES OF CANCER

SAU WOMEN'S MINISTRIES DEPARTMENT

Vertical PRAYER WALK OR RUN for a purpose

Prostate & Breast Cancer

PAUL, EPHRIAM RAYMOND, GEORGE KAYALETHU

21 OCT 2021

WE'RE PRAYING FOR YOU

EACH DAY WALK OR RUN 5000 STEPS OR MORE FOR ALL TYPES OF CANCER

SAU WOMEN'S MINISTRIES DEPARTMENT

Vertical PRAYER WALK OR RUN for a purpose

Prostate & Breast Cancer

ERIC, ROBERT, JOSEPH, PITSO CHRISTOPHER

22 OCT 2021

WE'RE PRAYING FOR YOU

EACH DAY WALK OR RUN 5000 STEPS OR MORE FOR ALL TYPES OF CANCER

SAU WOMEN'S MINISTRIES DEPARTMENT

Vertical PRAYER WALK OR RUN for a purpose

Colon & Rectum Cancer

SULEZI, SMANGELE STEPHANIE, JEFFERY LESTER

23 OCT 2021

WE'RE PRAYING FOR YOU

EACH DAY WALK OR RUN 5000 STEPS OR MORE FOR ALL TYPES OF CANCER

SAU WOMEN'S MINISTRIES DEPARTMENT

Vertical PRAYER WALK OR RUN for a purpose

Leukemia & Non-Hodgkin Cancer

SBIZWA MILLICIENT

24 OCT 2021

WE'RE PRAYING FOR YOU

EACH DAY WALK OR RUN 5000 STEPS OR MORE FOR ALL TYPES OF CANCER

SAU WOMEN'S MINISTRIES DEPARTMENT

Vertical PRAYER WALK OR RUN for a purpose

Lung & Brain Cancer

ELEANOR, ANGELA MMAKANANELO, MR. TLALI, NOMVUYO

25 OCT 2021

WE'RE PRAYING FOR YOU

EACH DAY WALK OR RUN 5000 STEPS OR MORE FOR ALL TYPES OF CANCER

SAU WOMEN'S MINISTRIES DEPARTMENT

Vertical PRAYER WALK OR RUN for a purpose

Stomach, Pancreas & Bladder Cancer

MANTIKA HESTER PRETTY MANDISA

26 OCT 2021

WE'RE PRAYING FOR YOU

EACH DAY WALK OR RUN 5000 STEPS OR MORE FOR ALL TYPES OF CANCER

SAU WOMEN'S MINISTRIES DEPARTMENT

Vertical PRAYER WALK OR RUN for a purpose

Head, Neck & Multiple Myeloma Cancer

SIPHIWO, MAMKHIZE ROSELINE, GLORIA MRS. MEIRING

27 OCT 2021

WE'RE PRAYING FOR YOU

EACH DAY WALK OR RUN 5000 STEPS OR MORE FOR ALL TYPES OF CANCER

SAU WOMEN'S MINISTRIES DEPARTMENT

Vertical PRAYER WALK OR RUN for a purpose

Ovarian Cancer

MARGARET MONICA

28 OCT 2021

WE'RE PRAYING FOR YOU

EACH DAY WALK OR RUN 5000 STEPS OR MORE FOR ALL TYPES OF CANCER

SAU WOMEN'S MINISTRIES DEPARTMENT

Vertical PRAYER WALK OR RUN for a purpose

Blood Cancer

BESLINAH DUDU

29 OCT 2021

WE'RE PRAYING FOR YOU

EACH DAY WALK OR RUN 5000 STEPS OR MORE FOR ALL TYPES OF CANCER

SAU WOMEN'S MINISTRIES DEPARTMENT

Vertical PRAYER WALK OR RUN for a purpose

Cancer

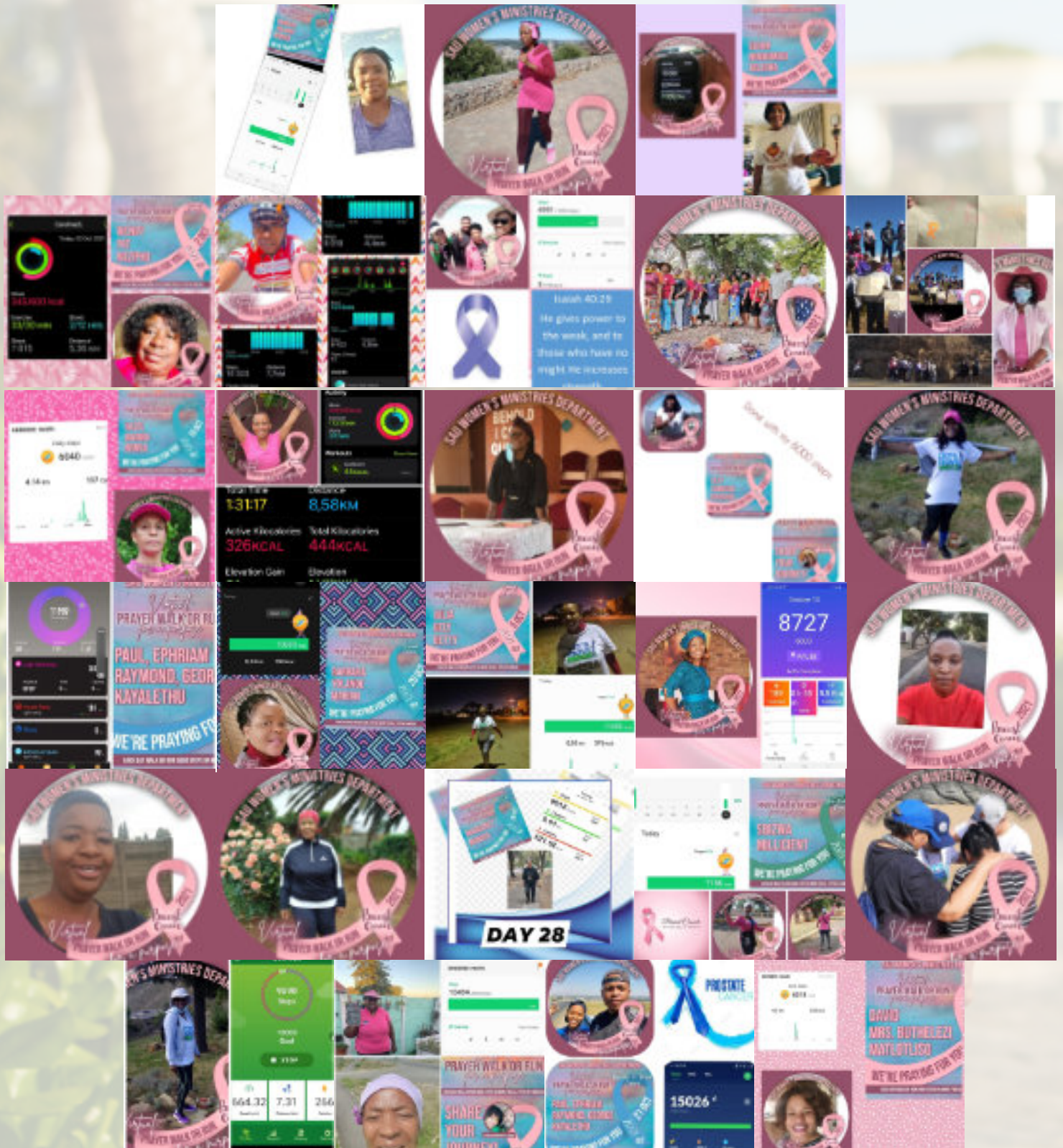
LISA BARBARA

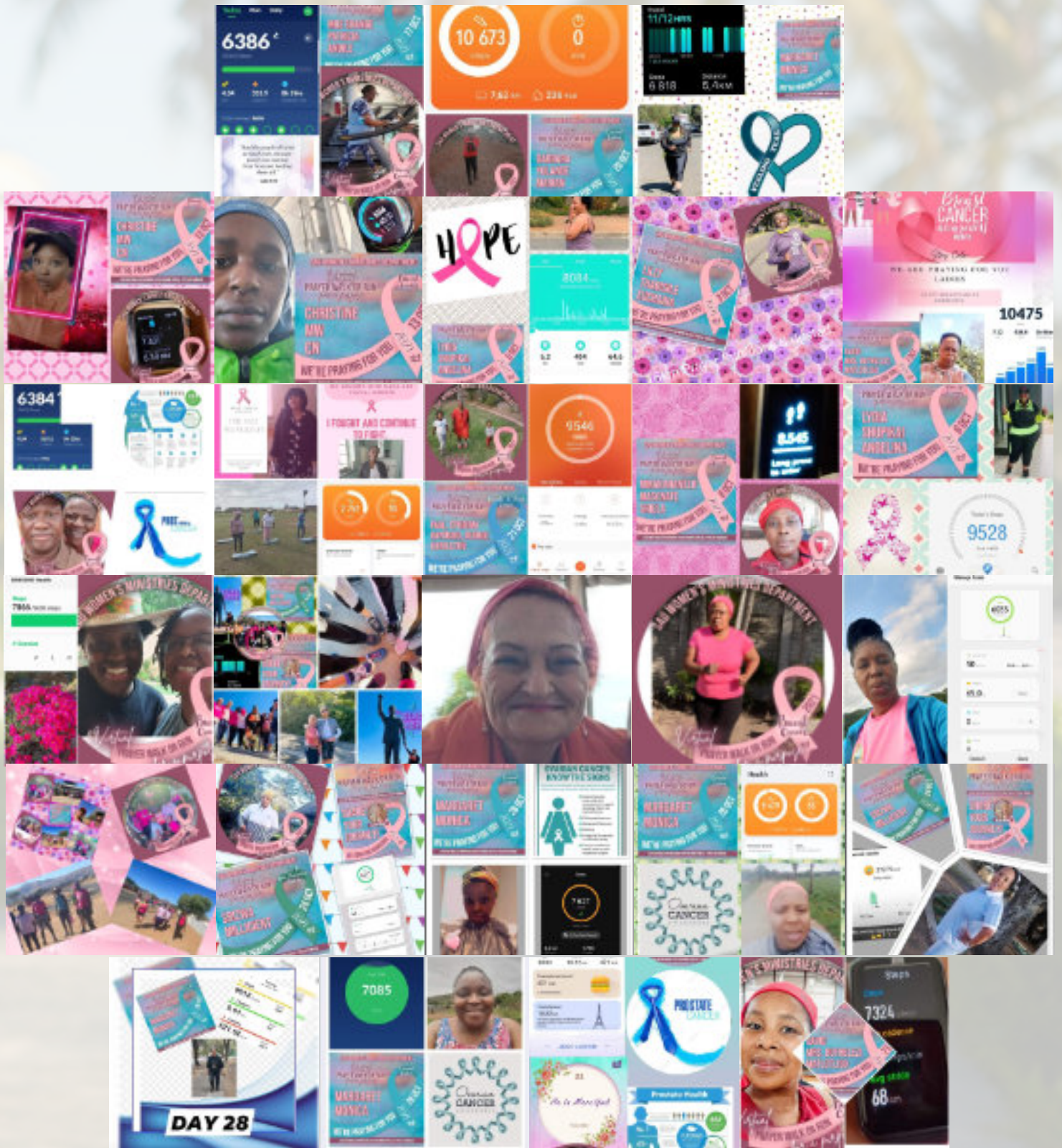
30 OCT 2021

WE'RE PRAYING FOR YOU

EACH DAY WALK OR RUN 5000 STEPS OR MORE FOR ALL TYPES OF CANCER

Participants





Experiences

Prayer walk/run started in essence towards the end of the week, on the 1st October which was a Friday. So I naturally planned to start on the Monday the 4th as Sunday is my day for household chores as the weekend was spent sending out notification and gathering names for the organizers. Low and behold, this was not so.

On the Monday, I and my dad found ourselves at the Cancer Disease Hospital to have a lump that had developed on his back checked out. He was diagnosed with skin cancer in 2017 and was operated on in 2018. Due to his age, the Doctors thought it best for him not to undergo chemo or radiotherapy.

So the anxiety of a relapse really got us praying furiously. Especially that we found ourselves in the Doctors Rooms during this time. This was an opportunity to pray for all we came across. The patients that we sat with at the reception, those we met as we went for various labs and also for those we sat with in the waiting rooms waiting to be seen by various Doctor.

Each morning before heading across town to pick up dad, we would pray for the names as posted, and throughout the day one interceded for each name.

Prayer for me was particularly meaningful and focused because of this experience. A lot of empathy was felt as we were in the hospital during this time. I truly believe that God heard our collective intercession and answer from God will be favorable.

For those affected:- "Yet I still dare to hope when I remember this: The faithful love of the Lord never ends!

His mercies never cease.

Great is his faithfulness;

His mercies begin afresh each morning.

I say to myself, "The Lord is my inheritance; therefore, I will hope in him!"

Lamentations 3:21-24 NLT

Alice C Mabuti

Dear Sisters in Christ,

The October Prayer Walks have been a great blessing through which we could show active support by praying for those who are sick and walking 6000 steps in thought of what you are going through in fighting cancer.

Take courage - God heals! You are not alone in this battle.

Let your faith stand firm. When moments of pain and discouragement come to afflict, take heart, for God is with you - always.

He is compassionate and sees your pain. Not for a moment will

He leave you, no matter how dark it is. As a sister, it is my prayer that you will be healed fully and be able use this challenging time to give thankful service to the Lord through your testimony.

For those who have walked, I'm sure you will also say it has been a strong motivation to exercise for the sake of showing support for cancer patients. Walking is one of the best things we can do for our bodies and minds, and in thinking of the health of others, we also ensured to uphold the health pillars ourselves, including exercising



PRAYER WALK OR RUN
for a purpose
FOR ALL TYPES OF CANCERS

and trusting in God. Here we also took a stand for our health maintenance, and I pray that God will keep your health in good stead for His service. During these summer prayer walks, I felt my share of delight with the fragrance of the Yesterday, Today and Tomorrow sweeping through the air, long before I even saw the blossoming, multicolor shrubs. Let the perfume and beauty of this well-loved plant remind you of God's grace and love being unchanging for you and me, whether in times of joy or pain. His constancy is our assurance of hope and fulfillment.

Angelique van Wyk

3 John 2

“Beloved, I pray that you may prosper in all things and be in health, just as your soul prospers.”

When I heard about the “Virtual Prayer walk or Run for a purpose” Breast Cancer, I immediately told myself that I would take part in this.

I praise the Lord that I have not been affected by cancer, but had I had an aunty that fought for many years with breast cancer. As my husband and I went on our daily walk we would talk about how good God has been to us in our health and we would pray for those who are suffering with health.

Our prayer for our beautiful sisters around the world:

Lord Jesus, we come before you're thrown on behalf of our sisters around the world fighting cancer, give them courage, faith, peace and comfort them with your protection. Give them the strength to overcome, give them your faith to be witnesses of your love. As they wake up to a new day help them to connect with you through the Holy Spirit, help them to consecrate themselves with all they are and have to you every day. Lord help them to trust in you whatever the outcome.

Amen

Ana da Silva



With God all things are possible. 10136 steps was a step of prayer closer to Jesus.

To each and every woman diagnosed with breast cancer. God is in control. The battle is not yours relax have faith in God and let God do the rest.

Christine Govender





This Prayer Walk, Run was the most fulfilling, humbling spiritual exercise I've ever done. Not wanting to disappoint myself & the Individuals & their families. The 285,038 steps (209,54km) walked (to date 26th October) was worth the effort. I give ALL the glory & Praise to God. The most heart-warming testimony was of Washiela a Moslem lady who testified that "God hears prayers and she believes that God answers prayers. "She's starting treatment Nov 8 stage 3 stomach cancer. Sadly Palesa succumbed but the family appreciated the prayers of the Team.

We will be culminating The Walk on Sunday with a group of plus minus 30 Christian ladies from Dalpark God willing. Watch this space Delphine Smithwick Blessed to be part of this Team of Adventist Woman

Delphine Smithwick

God answers prayers indeed as there was a lady that I was praying for who left her walk with the Lord years ago and when we started these walks she was laying on my heart and I started praying for her and today she is back with the Lord, taking baby steps as she makes her way back ...this I just come example of the fruits that has been produced.

Desiree

Every October is a sad reminder of sisters suffering from breast and Cervical Cancer. It also is a reminder that their families and friends suffer with their loved ones. The suffering is physical in loss of normal shape, weakness from treatment etc. The worst suffering is mental /psychological as the self-esteem is diminished as one experiences disfigurement.

Despondency kicks in as recovery is individual, slow and uncertain.

There is spiritual confusion as one Asks: Why me. Where is God in all this suffering.....

The reaction of some colleagues and friends can be so awkward and result in loneliness...

However the 2021 Prayer walk is full of encouraging events as both men and women participate in prayer support. The walking makes a physical statement. I walked 7km 4days ago and each step dedicated to all women and men needing our support and prayer.

The educational charts shared are invaluable and as a health professional I pray that we can all see the importance of self-checks.

Also outstanding is the coverage of the other cancers including those affecting men.

How I pray that we could develop culture of routine check-ups before we are ill.

Having witnessed the suffering of patients and their families as they traverse a painful



journey, I can only wish them Psalms 23:4. I give them a BIG SPIRITUAL HUG. Lastly, this suffering experienced and or witnessed makes me wish and pray for the immortal bodies which we are promised on His return. Let that blessed hope encourage ALL the sisters and brothers going through the trying time to keep (like Job) knowing our Redeemer. He is near, even though the body suffers let's hold on to Gods love for He CARES.

A big THANK YOU to our leadership for coordinating such a powerful prayer month. May we all be blessed as we wait in action and support for one another.

Dr Phetsile Dlamini



As I walk every day to cover 6000 steps on behalf of my brothers and sisters in the SAU who are suffering because of the enemy called cancer, I reflect on Epaphras. Epaphras was one of the silent characters in the New Testament. Paul mentions him once in Colossians 4:12. He prayed for the members of the church. He did this intercessory prayer his lifestyle, to a point where his name was recorded in the Bible. I realise that I'm privileged to be one of thousands of women who can intercede on behalf of our loved ones. I thank the Lord for this silent task. I'm benefiting spiritually and physically.

Dr. Rejoice Mawela

My mother was diagnosed with stage 2 cervical cancer in December 2019. I was shattered and I asked God many questions. It was a tough and painful journey. She went through Chemotherapy and radiation treatment early part of 2020. The treatment drained her body. Her body became weak as the treatment depleted her white blood cells. We prayed for her and my dear mother had hope that she will be fine. She continued with her reviews and check-ups. As we continued to pray for her, and my dear sisters in the Southern African Union Conference prayed for her during the October cancer awareness prayer walk initiative a miracle happened the Doctor confirmed that the cancer has gone, We continue to bless the name of the Lord. The CT scan confirmed that there is no cancer. To God be the glory. Psalms 116 verse 12. "What shall I return to the Lord for all his goodness to me".

Dr Verna Chidziva



I went for the walk with my daughter Siphwe today. We walked 10000 steps after praying for Delon, Karen and Beaula. We will continue praying for our Sisters and Brothers who are not well. May the Lord heal them, in Jesus's name.

Elizabeth Masiya

We, at Emmanuel High School experienced the love of God in a special way. We had shortly read and heard that there was a dire need for joint prayer for Cancer Patients. We immediately took it and planned a prayer walk. As we sang hymns walking, we felt the connection with our father... A few cars stopped to ask the purpose of our walk and with brief explanation by our learners, they would wave hands and blow car hooters in support.

At our destination we praised and prayed. Then we went back in the evening still praying as we walked.



Emmanuel High School, Lesotho



I'm grateful for the initiative that was taken by the WM. I had the privilege to get up in the morning, put on my shoes and take a prayer walk while others especially those suffering from cancer wished just to be able to put on their shoes but unfortunately the challenge of the illnesses did not allow them to do that. I had a privilege to even pray for my cousin who is suffering from breast cancer and she is not even 45 years of age. Even after walking it becomes so emotional during the group prayer session.

Emsie Kock

It's so amazing how much God loves us what an incredible answering father we can cry out to any time he just did it again to all our Cancer and other patients Just hang in there trusting God let us continue praying for each other my patient was in hospital for nearly two months was discharged last week starting to walk on her own thank you everyone for prayers God bless you all a please stay safe.

Felicity



Heidedal Ladies

Riding for a purpose!

Virtual Prayer Ride, Sunday morning, in support of the Breast Cancer Month and SAU Women's Ministries Department's to walk or run while praying for our brothers and sisters confronted with all kinds of cancer. To everyone we know and don't know, facing this cancer epidemic in whatever form, we continue to pray for the restoration of your health.



God will make a way.

Afu Maboye



BENEFITS OF WALKING, RUNNING AND PRAYING FOR PEOPLE WITH CANCER ARE AS FOLLOWS;

1. I really felt good and jubilant PRAYING for someone I do not know.
2. It was an intrinsic and extrinsic motivation for a healthy lifestyle.
3. Talking to God is not only kneeling and praying in church or at the comfort of our homes. I had a me time, praying and pleading to God to heal our sisters and brothers with cancer. Nature walk was just perfect to submit the petition to God.
4. I will never in my mind forget the tremendous experience of walking, running and praying for people with cancer.

October 2021 was an experience and a half.

Jackie Mokoena

During the past month of October...as we embark on prayer walk for Cancer I've discovered that there's nothing impossible to God. For my friends that are suffering with this disease I've asked the Lord to give them focus and elevate their trust in Him.

Khanyi Blatye



I want to thank God for the opportunity He gave me to participate in the virtual prayer walk for those suffering with cancer. I always practised prayer walking, when I am overwhelmed and when I just needed some quiet time with the Lord but this was different and it was special. It was not about me, it was about others. People that I do not know, it's easy to commit to pray for friends and family earnestly but God has been faithful He enabled me to stand in the gap for others. It was not easy, they are days when I felt so exhausted and lazy to do my 6000steps or more. I had to remind myself that it's not about me and I would find myself for a walk. Through it all, I am reminded of Job when he

going prayed for his friends God restored what he had lost. God has been doing great things in my life this October and I believe it is because of the committed I took to be involved in the virtual prayer walk for a purpose. I believe He is still working on me and He is attending to the needs of our brothers and sisters infected and affected with cancer.

Kufara Kamsona Sikunyana

There is a "can" in cancer because we can beat it. Prayer walking with you all my sisters in Christ. Keep strong.

Lillian Makiwa



As we were walking and praying every day for cancer patients and survivors my mind went back to my loved one that I lost to cancer. I thought of her smile, of her strength that faded until the last breath she took... Again I thought of my sister who survived but still suffering the side effects of chemo and say there is a balm in Gilead. Each step was a symbol of showing even others that they are not alone. Much as cancer doesn't bring good thoughts but brings negative, intimidating thoughts whose purpose is to steal, kill, and destroy, they are not in this walk/journey alone. The



Comforter carries them, gently reminding them that they are more than conquerors through Him. This needs hope, faith and total dependence on God. I will keep walking until the glorious appearing of the Great Physician. Until then...I will keep walking and praying
A big thanks to the organisers of this walk because we were walking for them and benefited health wise.

Stay blessed

Lulu Makapela

Wow what an experience, we started this morning with a prayer at home. Then we drove to the beach to start our prayer walk. We first prayed before we start. While we started our walk we interacted with each other. Sharing our experiences with one another. We didn't even feel the walk. We met a lot of people along the way and greeted while we were walking.

Wow God is so good. We ended our walk with a prayer while we were on our knees busy praying, we were showered with the waves and it was so refreshing. After our walk we visited 2 cancer patients and handed over flowers and prayed with them. They were so grateful for the time that we had spent with them and also for the flowers.



Wow, God has been so good we really enjoyed the time this morning.

Lyn Botha



I am not big on prayer walks. Not that I do not like walking nor praying. I just find it hard to combine the two. Honestly, I think it is because I am easily distracted. And on a lighter note, I dread appearing like a lunatic, talking to myself on the road. But this morning, I was resolute to give it one more try. I was amazed. The mask covering my mouth came to the rescue. I could utter my prayer without anyone noticing. It worked and I was blessed. I also made sure to take on a quieter route. I am grateful for the opportunity to pray for my fellow brothers and sisters. May the Lord continue to bring healing as we continue praying. Amen

Evodia Maipato Khumalo



My experience with prayer walk was beyond my imagination. The first few days I realized that I can walk praying with my eyes opened but not actually being distracted by anything even the barking dogs on the street. I discovered that I can even pray longer not realizing the distance I have walked especially when walking alone. It gave me so much pleasure and feeling of hopefulness on behalf of the people I was praying for. If for whatever reason I couldn't walk I felt like I missing something. The walk not only helped me to understand more about intercessory praying but also revived me towards God's business. I glorify and thank God to have been part of this initiative.

Mamakgotta Mosimegi

I have been part of the prayer cancer walk team in my local church. And being part of this exercise has been inspiring experience, it made me think beyond my own needs and beyond the needs of my family to think about others especially the needs of those who are suffering from cancer. I pray that God could grant me the grace to continue praying for them even beyond the 31 days of the month of October. Thank you to our leaders once again for organizing this selfless initiative and I pray that it has cultivated in all of us a spirit of selflessness, a spirit of unity and of praying for one another.

Mingsazi Mweemba



What an honour it has been for God to allow a sinner like me to stand in solidarity with sisters and brothers praying for and with those fighting this monster called cancer. I am humbled by the knowledge that life can change at any given moment and it is only grace that has kept us. We are privileged to enjoy good health. May God always remind us to think of those going through tough situations not only on certain months but every day of our lives. May we always remember those who are not as fortunate as us who enjoy disease free life. This walk and prayer has revived my faith in the Lord and has made me appreciate life even more!!



Mojabeng Nteso

Cancer is a vicious beast that affects a lot of our sisters daily. Today was the day we stood up and joined our sisters in their fight against Cancer. We can only imagine how it affects them, however I believe the Lord will continue to strengthen them along their journeys. This post is to say my sisters you are not alone, we are with you in spirit, mentioning your names in prayer to the Lord. This will not be a once off thing. We will continue to show up for you in any and every way possible. Let's us all join in and support anyone whether you know them or not in their fight against Cancer.

Msuthukazi Sinazo Ndevu

During this month of walking and praying for women who are living with and survivors of cancer, I was truly blessed and inspired by meeting some cancer survivors and their stories about God's grace and sustenance through it all.

Myra Fikizolo



The Lord had been so good, when I started the virtual prayer walk, my prayer life has become exciting. I could pray anytime whenever I was walking. I have learned to talk to the lord as to a friend. The knee pains I used to drink tablets for, are gone, I even forget that I have knee pains. I praise the Lord for this initiative, for as I was praying the cancer suffers and survivors, I was also praying for my healing.

Nomsa Magagula

I have seen their ways, but I will heal them;
I will guide them and restore comfort to Israel's mourners
Isaiah 57:18

Nondwe Lefume





We wish you strength for today and bright hope for tomorrow.
We are praying for you. Take it one day at a time.

NSC WPM Ladies

Firstly I want to thank the leadership for coming up with this program ye PRAYER WALK praying for people who've got cancer Interceding for them.

My experience in doing that its very fulfilling in doing it you denies yourself you focus on other people's sickness, and it helps that as you are praying walking for other people God is taking care of your sickness if you a Chronic person and He Heal your body. I hope next year many women will participate.

I'm humbled to know that many people are praying for my mom Beslinah Mavuso, she is suffering from blood cancer is on stage 4 doctors can't help her we are trusting in the LORD looking up to Jesus the greater physician, Jehovah Rapha the healer, By His stripes we are healed. Thank you Jehovah and thank you also CHILDREN OF THE MOST HIGH to stand in the gap for my mom God bless you Trusting in the LORD for healing, By His stripes we are healed JESUS Christ the Balm in Gilead.

Amen

Phindi Cindi

It has been a humbling experience to walk and pray for friends battling cancer. It has made me count my blessings, it has allowed me to enjoy precious prayer fellowship. About prayer walking these past few days...Lord you are the Waymaker, Promise keeper, Light in the darkness, that is who You are. We choose to walk with you each day. Marlene Coetzer get ready, keep walking with prayer, coming to get you soon

Ruth Layman

The cancer walk experience is in remembrance of my late MIL who was my Hero of FAITH and PRAYER WARRIOR lived with the illness for 20years, watching her surviving through and through which grew my spiritual well-being and my trust in God which makes me able to encourage my other Brother and Sister that there is life





beyond Cancer.

Oh! What an experience to walk in prayer for our cancer affected and infected Sisters, Brothers, Aunts, Uncles, Grannies, Grandpas, children, teenagers and young people who may be suffering from this monster but we say with confidence no weapon formed against us shall prosper.

Sindi Zulu

My experience with the Cancer Prayer Walk has taught me to be selfless and be my brother's and sister's keeper. As one of the affected it has increased my faith and I don't think it was a coincidence that my dad who is also a Cancer patients was discharged during the Cancer month after 3 months in hospital.

Sylvia Brandsef



Being part of the Prayer Walks / Runs was a blessing. During my prayers it became evident that God kept us so that we can lift each other in prayer. I cannot imagine the pain and regrets cancer suffers go through. God allowed them to also minister to me through their testimonies. A song that rang in my mind during this month is titled, it took a miracle.

*My Father is Omnipotent and that you can't deny A God of might and miracles is written in the sky It took a miracle to put the stars in place
It took a miracle to hang the world in space*

*But when He saved my soul
Cleansed and made me whole
It took a miracle of Love And Grace
The Bible tells us of His power
And wisdom always true
And every little bird and flower are testimonies too It took a miracle to put the stars in place
It took a miracle to hang the world in space
But when He saved my soul
Cleansed and made me whole
It took a miracle of Love and Grace*



I must say that my prayer walks / runs created an opportunity for me to reflect on my walk with God. Walk that has colourful and darkest shades, filled with highs and lows, but a journey where I saw and witnessed the hand of God in my life. To our sisters and brothers out there, keep the faith and hold on. You are living testimonies of God love and grace. Your lives are a miracle of love and grace.

Thuli Lebuso

The month of October was a special month to me, standing in the gap for others, having faith that our God the consuming fire will heal our loved ones with different types of cancer. Our father in heaven knows our hearts and how deep we need healing to our loved ones.

I enjoyed walking while praying and singing hymn 136, having faith that He will lead us all the way. My soul, body, mental wellness has been restored. We will never stop praying for them until they receive proper healing from our great physician. We thank our father for giving us strength to never give up on Him and keep standing in the gap for others. Philippians 4:13 and Isaiah 41:10 was my verse that kept me going and having faith that my prayers are not in vain. You are Holy father, sustainer of all mankind, our healer, our provider. Thank you father.



Tshima Nemaunguhwi



We thank you Lord for being with us in this journey of walking and running while putting our brethren in our mind, we know and hope that you will heal them in Jesus Name. With God all things are possible, praying for the brethren who are in pain at this moment, remember God is always there to heal you.

Virus Chauke



I've lost two members of my family through Cancer.

This prayer walk I've learned to take each breath we breathe very special, to appreciate the healing we receive in our bodies even if it is a small sickness, never think you are alone in whatever sickness you might be going through because someone is praying for you.

I've also learn to take time to pray for others every minute counts and also I pray we have more of this Awareness even if we can do it throughout the year praying for different kind of diseases it will bring us more closer to God and more fellowship as children of God.

Thank you leadership for such a program may God bless you all.

Zodwa Machisa

Prayers

FOR CANCER PATIENTS

Father we humbly pray for the healing to cancer patients, we ask that they be healed physically and mentally, and that their healing be a sermon and also that they rest in Christ always. Amen

Alice Borotho



Merciful God, Faithful God, we give you glory and honor for you are worthy oh God. Father we bring before your throne your children who are sick with cancer. We ask you Jesus to touch them with you hand of healing. We call you the Healer for we know that you can heal, we call you the great Physician for we know that you can get to the root of the disease and cure it. We ask you Lord to heal and cure your children. We ask you Lord to hold them by your hand as they walk the treatment journey. Please intervene oh Father God. We pray and trust you God that you hear and answer our prayers. Thank you so much Lord for answering our prayers. Amen

Bongi Mounelo

Beloved sisters & brothers each step i took was the connection through our Healer Jehovah Roffa who gave us his Word to heal everyone through our faith. Lets keep our eyes on Jesus whom his stripes declared healing for us. My encouragement will be Lets be pro-Active keep on fasting, praying most of saturate ourselves in his WORD as we know our battles are not physical, but spiritual. Our hedge of protection is God in Ps107:19-20.



Cassie Kunene



Dear Lord, we are grateful for the privilege of having you as our Father. Thank you that you are an ever-present help in times of trouble. We appreciate that you are our refuge and strength. Faithful and merciful healer who heals the sick, we call upon your name to present before you your children who suffer from cancer. Lord, your children may be filled with thoughts that feel them with fear and dread. We cast all their anxieties on you for you are a loving and caring God. May you grant them the spirit of power and sound mind and help them to choose to think about your goodness and mercy. Lord we believe in your healing power and pray that you may touch your children and give them good health. Almighty Father, may you comfort your children, carry them through the trying moment, watch over them, and help them to remember

that they are triumphant over cancer in Christ Jesus. We pray that you may give them inspiration, strength, courage, peace, and grant them the will to live as they deal with the difficulties of the journey of cancer. Wonderful Father, may you watch over your treasures as they journey on this path. Dear Lord we pray that you may use the doctors that are taking care of your children, grant them wisdom and use them as instruments that will bring honor and glory unto you through the healing of your children.

We also remember the family members and we know that it is not easy to watch their loved ones endure a cancer diagnosis. We pray that you may bless the family members, grant them hope, comfort, strength, encouragement, and courage, as they take care of their loved ones. May you heal them emotionally, physically, and spiritually. As they continue taking care of their loved ones, may you use them as a demonstration of your goodness, love, and mercy. Thank you, Lord, for being our great physician. We pray in Jesus' name, amen.

Catherine Njekwa

Oh God. Our HELP in ages past. Our HOPE FOR YEARS TO COME. Our SHELTER FROM THE STORMY BLAST AND OUR ETERNAL HOME.

Our Father God David Our Warrior King describes you as our hiding place. A shelter in the time of storm. Many of us are in different boats yet facing the exact same storm the choppy and unpredictable waves that we know is cancer. We are very clear that cancer does not come from you. Sin has done this to our loved ones and we declare and decree that you oh Lord God has promised to never leave nor forsake us. Thank you that your desire for us is to remain close to you to trust you. To believe in your love for us. May our hearts be warmed by the truth of your presence through the chemo drip the radiation therapy the shaven heads. Surgery, whatever is needed to give more time an increase of life. We cry out as King Jehoshaphat." there IS a great army coming against us. WE DON'T KNOW WHAT TO DO BUT OUR EYES ARE UPON YOU!" No one else but you Lord. Thank you for your peace. Renewed hope and for this precious gift of prayer through the power of your Holy Spirit we are ushered into your presence. Thank you for hearing our prayer...amen and amen

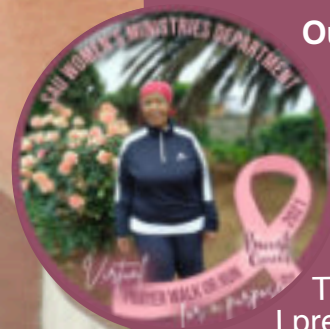


Gail Masondo

Our kind and heavenly Father

Hallowed be thy name
I come before your throne because you are holy You are the eternal "I am", father
You are the God of all grace
You are the great physician
All healing comes from you Lord
Thank you for your healing power

I present cancer patients' families to you, Oh Lord
They are going through such a rough time; of seeing their loved ones suffering, deteriorating And helpless in some cases;
Father! May you heal the patient's physical infirmities
Restore their bodies to health and vitality!
May their families have hope in you, because you are the divine healer



Your word declares that 'it is your will for your people to walk in health; you have promised that you will put none of these diseases upon your children'. May the families trust and hold on to these promises, Oh Lord
Let us all remember that "A prayer of faith will save the sick and will raise them up"

You are the balm of Gilead, and therefore I pray that all families place all their hope in you, Oh Lord the giver of life!
Thank you Lord, for hearing our prayers, bless everyone. Amen

Lebohlang Mteso

Dear merciful and mighty Healer. Be with all cancer fighters. Surround them with peace, love, courage, strength and support. Empower them with hope for each and every day. May they be directed to the right treatment. Heal their bodies and restore their spirits..for it is by Your stripes that we are healed. Mend what is broken and root out any unproductive cells. Let them know that they are not alone. In Jesus holy name, I pray. Amen



Lulu Ngozwana

There is nothing impossible with God because He is Almighty, He answers with an answer beyond our expectation, cancer does not exceed God's power we put this sickness in His hands, with men cancer is a challenge but with God all things are possible in Jesus name Amen

Matthew 19:26

Masentoali Chakela

Our dear Heavenly Father, the giver and restorer of life. Today I humbly pray for all my sisters who are suffering from cancer. I pray that you may heal their bodies and soul. Give them strength and courage to journey on. I pray that their pain may cease and their strength increase. I pray that you may take away their fear and surround them with Joy and peace. I also pray for their families to give them all the support, love and care. Thank you Lord for your healing mercies. Amen



Mavis Mweemba

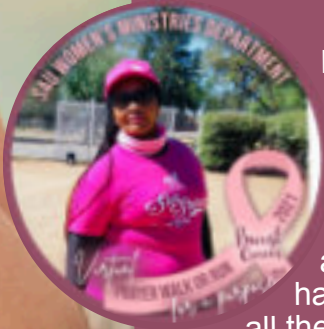


Lord, I know you have the best Nursing Care plan than our Nursing fraternity. Today I request you Father to nurse all our patients according to your wisdom in Jesus name I pray.

Noreen Muyunda

'Dear Father, my prayer is that you continue to walk with each one mentioned in prayer who is battling cancer as per your promise in Psalm 34:18. May they be reminded of a song, a scripture when days are dark. Save us all for eternity as we choose you daily. Amen

Ruth Layman



I'm praying for families who have the sick amongst them. Dear God, we come before Your throne of mercy pleading for comfort and healing for your ailing children and their families. Give them strength and courage to care for their own despite the kind of sickness they are dealing with. You are the great physician my Father and we have trust in you. Provide them with anything that they need to care for their loved ones and give them patience and love to continue with the work in their hands. At the end of it all Thy name should be glorified. We humbly ask all these in the name of our Lord Jesus Christ, Amen.

Sally Mathiba

Isaiah 46 vs 3 to 4

"Listen to Me, O house of Jacob, and all the remnant of the house of Israel, Who have been upheld by me from birth, who have been carried from the womb: Even to your old age, I am He, and even to grey hairs I will carry u! I have made, and I will bear, even I will carry, and I will deliver you.

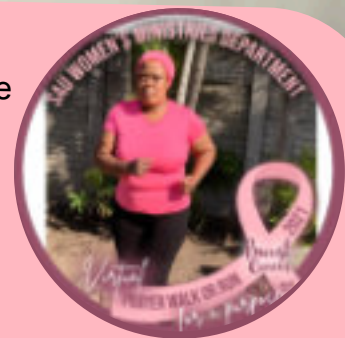
PRAYER

Loving God I pray that you will be with all those who are sick comfort them father in their suffering, lend skills to the hands of their healers and bless the means used for their cure

Give them such confidence in the power of your grace that even when they are afraid they must learn to put their trusts in You knowing that nothing is impossible with You

In your name I pray. Amen

Sbongile Ngwenya



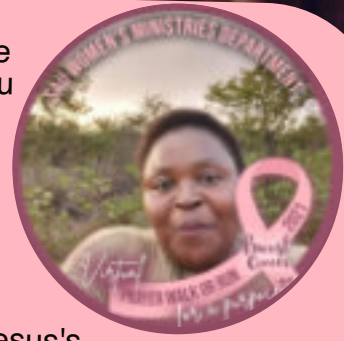
Thank you father for reminding us that let not our hearts be troubled, we must trust you that you are our healer and you are our great doctor.

Thank you for healing our sisters in Jesus name. Prayer heals, restores and prayer resolve everything that is unresolved. May His name be praised.

Thank u father for being a consuming fire, great physician. Please consume the cancer in their bodies, heal them in Jesus's name.

Amen

Tshima Nemaunguhwi



My kindly everlasting Father God we thank you for the opportunity of prayer. My father here I am remembering the families who are assisting their families who are not well, who are suffering from Cancer.

My father I pray that you may give them strength because you are our strength. Give them the love because you are love. Give them everything that they need in order for them to help the families while they go through this difficult situation.

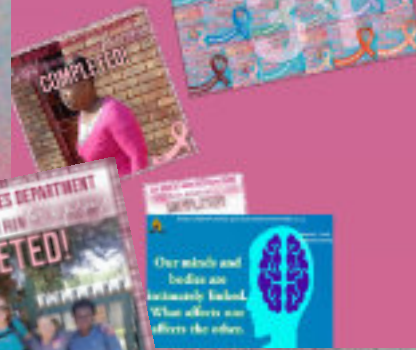
I know you are there for them. Let them look at your cross where your son died because you first loved us. We thank you that you are giving us this opportunity as friends, as families to pray for each other.

We thank you my father in Christ Jesus I pray, Amen

Wennie Mbala



COMPLETED!





SAU WOMEN'S MINISTRIES DEPARTMENT

